READ



- 1. Introduction (read time 3:10)
 - a. https://www.nowyouknow.space/the-now-you-know-story
- 2. Chapter 1 (read time 2:17)
- 3. Chapter 2 (read time 9.00)

From the NowYouKnow story.

REFLECT



- What stood out to you from the video or article?
- What does this say about God?
- What does this say about you?
- Any action required on your part?
- What stood out to you from what someone else said? (Longer articles/video can be broken into smaller pieces.)

BE ENCOURAGED



*Watch the Lauren Daigle song "Rescue" found in middle of the "Music" page under "Praise Music" or https://www.youtube.com/watch?v=gYR0xP1j4PY



This song speaks to what God is saying to us. • God says you are not hidden • God says you are not hopeless • He says you are not forgotten • He sends an army to rescue you • He will find you in the middle of your darkness • God will rescue you • You are not defenseless • God hears you • He will never stop marching to rescue you • God says He will reach you in the middle of your darkness time • He will find you • He will never stop • He will be our armor.

*You can view all the music from the "Music" page.

Next lesson: How God teaches us and why the absolutes.