

**READ**

1. *The Absolutes* (read time 4:10)

- a. <https://www.nowyouknow.space/the-now-you-know-story>

From the *NowYouKnow* story.

**REFLECT**

- What stood out to you from the video or article?
- What does this say about God?
- What does this say about you?
- Any action required on your part?
- What stood out to you from what someone else said? (Longer articles/video can be broken into smaller pieces.)

**BE ENCOURAGED**

Praise is a very positive and encouraging experience for our soul. Watch the video “*Endless Praise*”.

<https://www.youtube.com/watch?v=xjQfe6OwH64>



This second song “*I Speak Jesus*” reminds me what I am supposed to do throughout the day. It really makes a difference. I challenge you to try it.

<https://www.youtube.com/watch?v=PcmqSfr1ENY&list=RDM&index=7>



\*You can view all the music from the “Music” page.