Watch



- 1. God Loves Us.
- 2. Watch the Anne Lobert Story (watch time 13:55)
 - a. https://www.nowyouknow.space/resources
 - i. Found in the middle of the page

From the Next Step Page.



REFLECT



- What stood out to you from the video?
- What does this say about God?
- What does this say about you?
- Any action required on your part?
- What stood out to you from what someone else said? (Longer articles/video can be broken into smaller pieces.)

BE ENCOURAGED



*Watch the Lauren Daigle song "You Say" found in middle of the "Music" page under "Praise Music" or https://www.youtube.com/watch?v=oZvKJl1kK8g
Optional song "Believer" by Rhett Walker *You can view all the music from the "Music" page.





PRAYER

Prayer is just talking to God.

- Thank him for what you have learned today.
- What are other things you are thankful for.
- Tell him where you need answers.

All articles and videos are found on the NowYouKnow website.